

Passport to Manhood Curriculum

Please circle any sessions you DON'T want your son to participate in.

Session I—Getting to Know You

- Activity 1: Introductions—an Icebreaker
- Activity 2: Program Overview
- Activity 3: Men Who I Admire
- Activity 4: Summary of Session I

Session II—Values in Personal Decision Making

- Activity 1: Review of Previous Session
- Activity 2: Types of Values
- Activity 3: The Values and Behaviors Game
- Activity 4: Reflections on Values

Session III—Code of Ethics

- Activity 1: Review of Previous Session
- Activity 2: Examining Codes of Conduct
- Activity 3: Interview an Adult about a Code of Conduct
- Activity 4: Drafting a Code of Conduct

Session IV—Personal Wellness

- Activity 1: Preview of Previous Session
- Activity 2: Personal Wellness
- Activity 3: Nutrition
- Activity 4: Evaluating Personal Fitness
- Activity 5: Goals for Personal Wellness

Session V—Substance Abuse

- Activity 1: Review of Previous Session
- Activity 2: How Substance Abuse Affects Wellness
- Activity 3: The Glamour of Drugs
- Activity 4: The Reality of Drugs
- Activity 6: Summary of Session V

Session VI—Response to Authority

- Activity 1: Review of Previous Sessions
- Activity 2: What Is Authority
- Activity 3: Responding to Authority
- Activity 4: Rules for Negotiating with Authority
- Summary of Session VI

Session VII—Relationships with Girls

- Activity 1: Review of Previous Session
- Activity 2: Images of Girls in the Media

- Activity 3: Cultural Stereotyping with Girls
- Activity 4: Communicating with Girls
- Activity 5: Summary of Session VII

Session VIII—Fatherhood and the Family

- Activity 1: Review of Previous Session
- Activity 2: Models of Fatherhood
- Activity 3: What Makes a Good Father?
- Activity 4: Preparing for Graduation

Session IX—Employment and Careers

- Activity 1: Review of Previous Session
- Activity 2: Considering Careers
- Activity 3: Roadmap to Success
- Activity 4: Attitudes in the Workplace
- Activity 5: Summary of Session IX

Session X—Personal Leadership and Community Responsibility

- Activity 1: Review of Previous Session
- Activity 2: What is a Leader
- Activity 3: Leadership Game
- Activity 4: Understanding Community
- Activity 5: Volunteering
- Activity 6: Summary of Session X

Session XI—Diversity

- Activity 1: Review of Previous Session
- Activity 2: Understanding Diversity
- Activity 3: Stereotypes and Prejudice
- Activity 4: Appreciating Diversity
- Activity Summary of Session XI

Session XII—Cooperation and Conflict

- Activity 1: Review of Previous Session
- Activity 2: An Exercise in Cooperation
- Activity 3: Conflict Can be Healthy
- Activity 4: Tips for Resolving Conflicts
- Activity 5: Summary of Session XII

Session XIII—Self-Esteem and Image

- Activity 1: Self-Image—What is It?
- Activity 2: Self-Image—How to Improve It
- Activity 3: Improvements in Physical Fitness
- Activity 4: Final Planning for Graduation